



Sample Transfer  
Plan

Area of Focus: **Pre-Dietetics & Nutrition**

Associate in Science (AS) transfer degree

**This Sample Transfer Plan is for students intending to major in Dietetics or Nutrition after transfer, but who have not selected a transfer institution.** Students who have a specific transfer school in mind should not use this guide, but instead seek advising from BHC and the transfer school to ensure the transfer institution's requirements are met. **Students are advised to select a transfer school as soon as possible, typically before completing 30 college-level credits, as Dietetics & Nutrition requirements vary significantly among schools, particularly the Chemistry sequences.**

Dieticians and nutritionists are experts in the use of food and nutrition to promote health and manage disease. Clinical dietitians and community dietitians advise people what to eat to lead a healthy lifestyle or achieve a specific health-related goal. Management dietitians plan food programs for cafeterias, prisons, schools, hospitals or nursing homes. They may be responsible for buying food and carrying out other business related tasks, as well as supervising kitchen staff. Graduates of dietetics programs generally pursue careers as registered dieticians or food service managers. They work in many settings including hospitals, nursing homes, clinics, government agencies, school districts and private companies.

The Associate in Science is suitable for students who need to complete additional math and science courses before transferring. The AS degree accommodates sequenced coursework in these subjects, for example General Biology I and II. **Transfer schools differ in their acceptance of AS degrees, including possibly the need for additional general education courses after transfer. If the transfer school does not accept the AS, courses can be earned through the Associate in Arts degree instead.**

<b>General Education Recommendations:</b>		<b>minimum 37 credits</b>
This section <b>partially completes</b> the <a href="#">Illinois Articulation Initiative General Education Core Curriculum (IAI GECC)</a> , which is a package of courses meeting general education requirements at more than 100 participating Illinois colleges and universities. Completion of the IAI GECC requires one more Social & Behavioral Science course, and one more Humanities or Fine Arts course.		
<b>Communication (9 credits) – all courses required</b> ENG 101 Composition I (3) – <i>grade 'C' or better required</i> ENG 102 Composition II (3) – <i>grade 'C' or better required</i> SPEC 101 Principles of Speech Communication (3)	<b>Social &amp; Behavioral Sciences (6 credits)</b> <i>Must include courses from two disciplines</i> PSYC 101 Introduction to Psychology (3) ECON 221 Principles of Macroeconomics (3) <u>or</u> ECON 222 Microeconomics (3)	
<b>Humanities (3 credits)</b> Choose one IAI: H or HF course (3)  <b>Fine Arts (3 credits)</b> Choose one IAI: F or HF course (3)	<b>Mathematics (6 credits) - 3 credits must be IAI <u>GECC</u> approved</b> Choose one IAI: M course (3 min.) MATH 108 Statistics for General Education (3) Choose one additional Mathematics course MATH 112 College Algebra (4; not IAI <u>GECC</u> approved), or higher	
<b>Physical &amp; Life Sciences (10 credits min. including one IAI <u>GECC</u> lab course) - 7 credits must be IAI <u>GECC</u> approved</b> Physical Sciences – choose one of the following Chemistry sequences: <ul style="list-style-type: none"> <li>• CHEM 101 General Chemistry I (4) <u>or</u> CHEM 110 Intro to Chemistry (4), <u>and</u> CHEM 111 Principles of Organ-Bio-Chem (4)</li> <li>• CHEM 101 General Chemistry I (4) <u>and</u> CHEM 102 General Chemistry II (4; not IAI <u>GECC</u> approved)</li> </ul> Life Science – BIOL 105 General Biology I (5) <u>or</u> BIOL 100 Introduction to Biology (4)		

<b>Elective Recommendations:</b>		<b>up to 23 credits</b>
This section includes courses appropriate for this area of focus. Because transfer institutions vary in their acceptance of coursework, check course transferability with <a href="#">Transfer Equivalencies</a> , <a href="#">Transferology</a> , or an advisor. IAI courses are identified with an asterisk *. <b>Seek advising about other elective courses that may support your reasons for choosing this area of focus.</b>		
<b>Dietetics/Nutrition Electives</b> BIOL 120 Nutrition (3) <i>strongly recommended</i>  <b>Other Science Electives - consult transfer institution</b> BIOL 106 General Biology II (5)* BIOL 145 Anatomy-Physiology I (4) <u>and</u> BIOL 146 Anatomy-Physiology II (4) CHEM 203 Organic Chemistry I (5)* CHEM 204 Organic Chemistry II (5)*	<b>Other Social &amp; Behavioral Science Electives</b> SOC 101 Principles of Sociology (3)* <u>or</u> PSYC 200 Human Growth and Development (3)*  <b>Foreign Language:</b> Consider the foreign language admission and/or graduation requirement of potential transfer schools, which may be satisfied with high school and/or college courses. Consult an advisor.	

## 60 total credits required for AS degree (General Education + Electives)

**Non-Western studies graduation requirement.** To graduate with the AS degree, include at least one non-Western studies course. The course can simultaneously fulfill a general education requirement in humanities, fine arts, or social and behavioral science, or be taken as an elective. Choose from ANTH 102; ART 285 or 286; ENG 217, 218, or 219; HIST 222, 141, 142, or 151; IS 200; or MUSC 158.

### Learn More About This Area of Focus:

- Get to know [Black Hawk College Career Services](#) Phone: 309-796-5626
- Visit [Career Coach](#) to Browse Careers. Includes job data and open positions for the greater Quad City region and beyond.
- Browse careers at [Collegegrad.com/careers](#) [O\\*Net OnLine](#) [Occupational Outlook Handbook](#) [Occupational Profiles](#)
- For additional information visit [Academy of Nutrition & Dietetics](#) [Publichealthonline.org/nutrition](#)

### Course Transferability:

- Course and transfer requirements can vary among institutions and may differ from the recommendations on this guide.
- Grades of 'C' or better may be required for a course to transfer, especially courses intended for the major.
- Students are advised to select a transfer school as soon as possible, typically before completing 30 college-level credits. This is especially applicable to Dietetics & Nutrition majors where requirements vary significantly among schools.

### Where to transfer?

To research transfer colleges and universities, visit the following links

BHC Transfer Guides and Agreements <a href="https://www.bhc.edu/academics/transfer-programs/guides-and-agreements/">https://www.bhc.edu/academics/transfer-programs/guides-and-agreements/</a>	Illinois institutional profiles <a href="http://ibheprofiles.ibhe.org/">http://ibheprofiles.ibhe.org/</a>	College Navigator <a href="https://nces.ed.gov/collegenavigator/">https://nces.ed.gov/collegenavigator/</a>
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### Degree Timeframe:

- Students who complete an average of 15 college-level credits in four consecutive fall and spring semesters could complete the degree in two years. Students determine their own pace and progress and should consider their work and personal commitments, course difficulty, course pre-requisites, and possible need for additional courses determined by placement assessments. Advisors are available to discuss credit load and schedules appropriate for student goals and circumstances.

### Advising Notes:

- See the current [BHC Catalog](#) for all IAI course codes, course descriptions, pre-requisite information, and complete graduation requirements to earn the degree. The area of focus is not stated on student transcripts.
- This guide is not a substitute for advising. All students are encouraged to seek advising each semester. Advising is required prior to registering for students who have earned fewer than 30 college-level credits.

Semester	Meet with BHC advisor	Registration begins
Summer and Fall	February or March	1 <sup>st</sup> Tuesday in April
Spring & minimester	September or October	1 <sup>st</sup> Tuesday in November

### BHC Contacts

QC Campus Advising / Moline, IL Building 1, Advising Center 309-796-5100 Email <a href="mailto:advqc@bhc.edu">advqc@bhc.edu</a>	East Campus Advising / Galva, IL Building A, Room 246 309-854-1709	<a href="#">Natural Sciences and Engineering Department</a>
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