

## What do Peer Mentors do?

They seek to raise awareness, provide education and serve as a resource to fellow BHC students on a wide variety of mental health issues.

## How can they help YOU?

They will provide support, challenge you, commiserate with you, and be your cheerleader. Most importantly, they will listen!

To contact a peer mentor, email [counseling@bhc.edu](mailto:counseling@bhc.edu).

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## Meet the Spring 2024 Peer Mentors!

**Liberty DePorter**

**Major: Nursing | Quad-Cities Campus**



**Why did you want to be a peer mentor?**

I wanted to become a peer mentor because I want to get rid of this taboo topic of mental health. Mental illnesses are a very real issue in our world so I believe that everyone should be an advocate for it and help make a difference.

**Fun fact about you or what are some of your hobbies?**

I have a dog named Karma and will be getting a Great Dane puppy soon.

**Brody Garcia**

**Major: Business | East Campus**



**Why did you want to be a peer mentor?**

I wanted to become a peer mentor because I have always had a passion for helping others. I would love for everyone to feel welcomed and comfortable on campus and I'm trying my best to be a positive role in accomplishing that.

**Fun fact about you or what are some of your hobbies?**

Some fun facts about me are that I love Marvel especially Loki, I am a cat person, I love to go fishing, and I love thrifting. Some of my hobbies would include reading and shopping.

**Ethan Hooks**

**Major: Applied Science | Quad-Cities Campus**



**Why did you want to be a peer mentor?**

I find beauty and passion in helping people through difficult times. I know what it's like to have nobody and pledged to let others not feel what I felt in the past.

**Fun fact about you or what are some of your hobbies?**

I enjoy drawing a lot and I often play video games to pass time! I am also really good at photography.

**Lizzy McDonald**

**Major: Associate in Arts | Quad-Cities Campus**



**Why did you want to be a peer mentor?**

I remember going through really rough times. Unfortunately, I didn't have anyone I could trust or lean on. I want to be someone others can trust.

**Fun fact about you or what are some of your hobbies?**

I play the bass in the jazz band, I love to learn fun random fun facts, and I always have at least three songs stuck in my head.

**Wyatt Reed**

**Major: Undecided | Quad-Cities Campus**



**Why did you want to be a peer mentor?**

Peer mentoring is important to me because I know how it feels to feel like you're all alone. I've struggled with depression and anxiety in the past, and I was only ever able to get over it once I shared my experiences with other. Even when you're all alone and feel like you don't have anybody to talk to, I promise you that you do! I just want everybody to know that you're not alone in this fight! It's OK not to be OK.

**Fun fact about you or what are some of your hobbies?**

A fun fact about me is that I used to have long hair once. I ended up cutting off 18 inches and donating it to Locks of Love.

In my free time I like to go camping, hiking, skateboarding, fishing, and spending time with my friends and family!

**Jada Schutters**

**Major: General Occupational & Technical Studies | Quad-Cities Campus**



**Why did you want to be a peer mentor?**

I am excited to be a peer mentor because it gives me the opportunity to connect with others. I want to be the person anyone can go to no matter the situation. It is important that we all have someone we can go to and trust. I hope to be able to spread positivity and be a person anyone can count on.

**Fun fact about you or what are some of your hobbies?**

My favorite color is purple, I'm left-handed, and tacos are superior!

**Lena Slininger**

**Major: Acting | Quad-Cities Campus**



**Why did you want to be a peer mentor?**

I wanted to become a peer counselor/mentor at BHC because it gives me the opportunity to make a positive impact on people's lives. I want to be able to help individuals seek help when facing mental issues and other struggles. I feel that I would be a great supportive mentor who can help guide others to reach their goals.

**Fun facts about you or what are some of your hobbies?**

Some of my hobbies include improv, gardening, baking and procrastination.

**Brooke Thorpe**

**Major: Associate in Arts/Psychology | Quad-Cities Campus**





**Why did you want to be a peer mentor?**

I wanted to be a peer mentor because I'm extremely passionate about psychology and applying it to help others. It's important to me because everyone could use a shoulder to lean on. Mental illness runs in my family, and I like to think that I've got some useful perspectives when it comes to life.

**Fun fact about you or what are some of your hobbies?**

I like to be sustainable and thrifty when it comes to things I own. I am currently hyper-fixated on "RuPaul's Drag Race," anything mushroom-themed, and cats!

I hope to meet you soon!

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